

# Wrist Alarm

These days, elderly people have far more in terms of resources to help them in the event of an emergency. This has helped many to benefit from increased independence and has also proven invaluable for those that require a little extra support. Using one of the varieties of personal and safety alarms designed for elderly people can prove a big help, and there are many different options available.

One type of alarm that is available for older people is a wrist alarm, and these provide the same benefits as a traditional pendant alarm but in a convenient wrist-worn format. These alarms are worn in the same way as watches, so they do not cause discomfort, don't run the risk of getting caught in something, and will remain securely in place unless taken off by the wearer or their carer. With a wrist alarm in place, the wearer can call for help at any time of the day or night with ease.

## How Does a Wrist Alarm Work?

A wrist alarm for elderly people works in the same way as a pendant alarm. Some people prefer to have a pendant worn around the neck but there are others that find this uncomfortable or are unable to wear a pendant for other reasons. In this event, a wrist alarm is the ideal solution, as it offers the same protective and safety features but in a comfortable watch-style design.

If you are elderly and you live alone or spend a lot of time alone, having a wrist alarm can prove invaluable. If you suffer a fall or other accident and you are in need of help, all you have to do is press the button on the wrist alarm to call for assistance. You can get basic wrist alarms where you press the button and speak to a responder at the 24-hour monitoring centre. You can also get ones that automatically

detect falls in case you are unable to press the button.

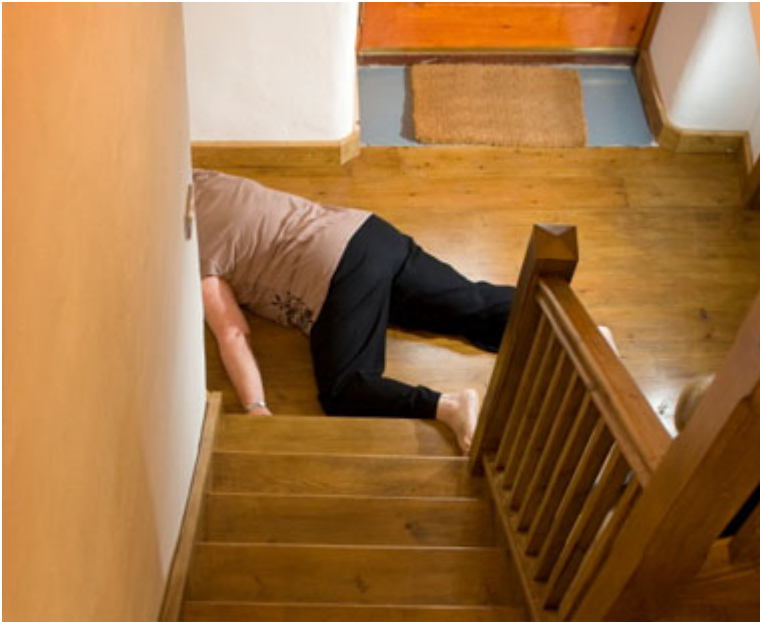
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### **Fall Detection Alarms**



### **How You Can Benefit from a Wrist Alarm**

There are many ways in which you can benefit from having a wrist alarm if you are elderly. These alarms are especially useful for older people who have restricted mobility, are frail, and who suffer from a variety of health problems and ailments. Some of the benefits you can look forward to when you have a wrist alarm include:

- A comfortable solution for older people
- Convenient and simple to use
- Perfect for those who live alone or spend a lot of time alone
- A variety of options to choose from
- An affordable choice for increased protection
- Assistance available around the clock
- Provides peace of mind for the user and their family

The beauty of these wrist alarms is that they are extremely simple to use, so you won't struggle to get assistance. You will always have help on hand should you need it, and you can even get alarms that automatically detect falls in case you are unable to press the button to alert responders.

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### Get in Touch with the Professionals

If you feel you or an elderly relative could benefit from a wrist alarm, you can learn more by getting in touch with one of our professionals at SureSafe Alarms. We offer wrist alarm options as well as a wide range of other alarms designed to cater to all needs and preferences. So, you can get the protection you need without any problem.

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